

Group Exercise Timetable

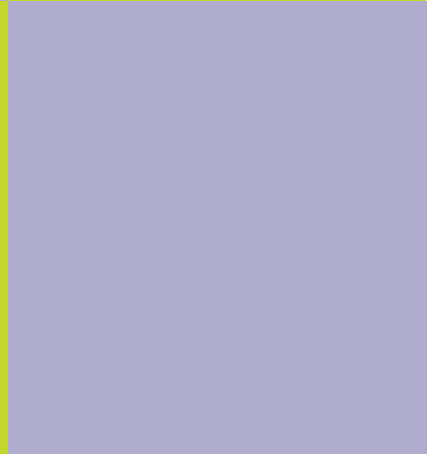
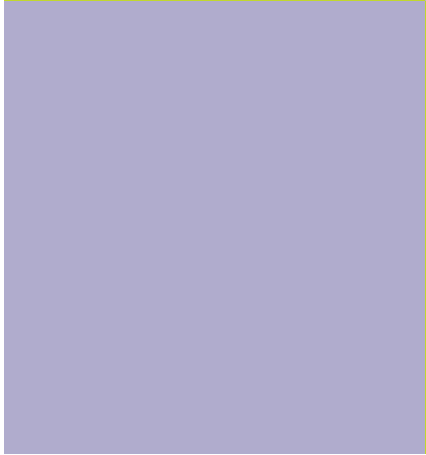
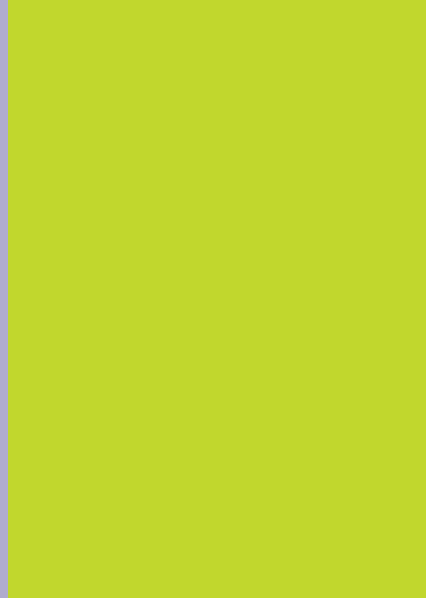
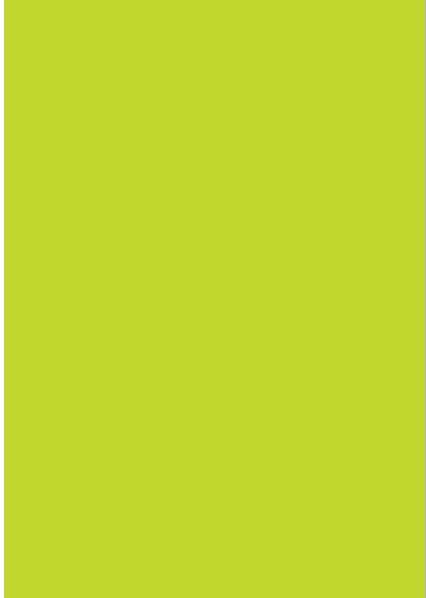
MON

TUES

WEDS

THUR

FRI



**To book or enquire about a fitness class please email
info@progressionfit.com or call/text Tel: 00 33 (0) 645 419781**